

① READ ABOUT IT!

"Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind."

—Matthew 22:37

③ PRAY ABOUT IT!

Thank God for helping you love Him! Tell Him what you wrote in your prayer. He is always listening. He cares!

② THINK ABOUT IT!

When you love God with your whole heart, you care more about what God wants than about what you want. God helps you love Him more as you get to know Him better.

Write down a prayer to God asking Him to help you love Him with your whole heart!

Have you memorized your verse for this week? The activity below may help you. Below is the first letter of each word in the verse. See if you can say the whole verse just by looking at the first letters.

"W M W H I S T:
O L M N W F T C!"
P 119:10

Quiet Time

WORD UP! God sees my heart!

You have a new memory verse! Read it each day, and at the end of the week, see if you can say it without looking.

"With my whole heart have I sought thee: O let me not wander from thy commandments."

Psalms 119:10

The next king after Saul would be a shepherd boy named David! God was looking for someone who cared about what God cared about—God wasn't looking at the outside, but at David's heart. God sees your heart too! This week in your Quiet Time you'll learn more about what it means to have a heart after God's heart.

Color in one letter of the word "heart" when you have your quiet time each day.

HEART

When you learn something new or you are reminded of something important, write it down or draw it in the box below. Then tell someone about it!

Day 1
① READ ABOUT IT!

"I the LORD search
the heart..."

—Jeremiah 17:10

③ PRAY ABOUT IT!

Thank God that He is
powerful enough to see
your heart. Ask Him to
help you love Him with
all your heart.

② THINK ABOUT IT!

God is so powerful He can see what everyone in
the whole world is thinking and feeling all the
time—He sees your heart! God knows if you do
good things just to be seen or if you do good
things because you love Him. God sees your love
for Him and He sees when you sin.

Cross out all the Ls then write the
remaining letters in the blanks.

GLLOLDLSLSFLALRCLL
LHLESMLLYLHLALRTL

_____.

Day 2
① READ ABOUT IT!

"Search me, O God, and
know my heart: try me,
and know my thoughts:
And see if there be any
wicked way in me, and
lead me in the way
everlasting [God's way]."

—Psalm 139:23-24

③ PRAY ABOUT IT!

Is there a sin you need to
tell God about? Ask God to
help you do good things for
the right reasons.

② THINK ABOUT IT!

God sees and knows what is in your heart,
even when others don't know. This can bring
you comfort—God knows everything about
you! God also knows when you sin. But you
can ask Him to forgive you and help you do
good things for the right reasons.

Cross out the boxes with odd numbers and put the rest
of the letters in the blanks to spell the secret message.

W ³	C ¹	E ⁴	V ⁸	M ⁵	E ⁶	R ⁴	P ⁹
Y ⁸	T ⁶	S ⁵	H ²	I ⁸	R ³	N ⁴	G ²

God knows

about me.

Day 3
① READ ABOUT IT!

"...For the LORD seeth not

as man seeth; for man

looketh on the outward

appearance, but the LORD

looketh on the heart."

—1 Samuel 16:7

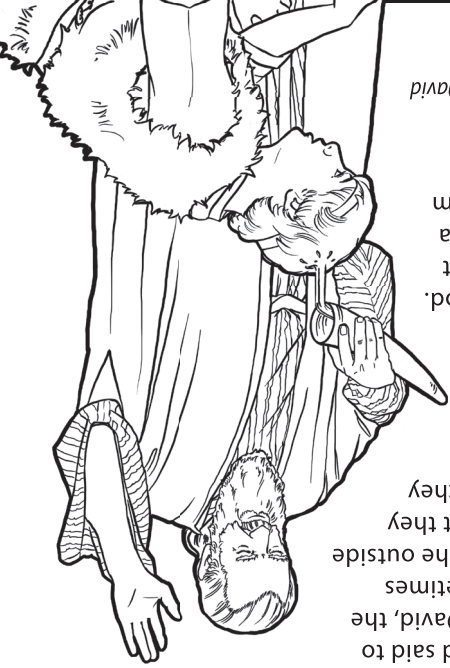
③ PRAY ABOUT IT!

Thank God that He sees
what's in your heart. Ask
Him to help you love
Him and obey Him with
all your heart.

② THINK ABOUT IT!

This is what God said to
Samuel about David, the
next king. Sometimes
people look at the outside
of others—what they
look like, what they
wear or how
popular they
are. Those
things are
not the most
important to God.
God cares about
whether or not a
person loves Him
and obeys Him.

Color the picture of
Samuel anointing David
to be king.



Day 4
① READ ABOUT IT!

"...For the LORD seeth not

as man seeth; for man

looketh on the outward

appearance, but the LORD

looketh on the heart."

—1 Samuel 16:7

③ PRAY ABOUT IT!

How's your heart? Ask God
to help you have a heart
that pleases Him and loves
Him! If there is a sinful
attitude you are struggling
with, tell God about it and
ask Him to help you.

② THINK ABOUT IT!

When God looks at your heart, what does He
see? When you have believed on Jesus as your
 Savior, God the Holy Spirit helps you love God
in your thoughts, words, and actions. He will
help you have right things in your heart, like
love, kindness, and patience.

Circle the heart attitudes God wants you to have.

thankful jealous good
complaining obedient
hate angry loving
joy disobedient patient