

**God: The One Who
Knows My Heart**
Lesson 1: Psalm 119 (ESV)

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- ☐ 1 Blessed are those whose way is blameless, who walk in the law of the LORD!
- ☐ 2 Blessed are those who keep his testimonies, who seek him with their whole heart,
- ☐ 3 who also do no wrong, but walk in his ways!
- ☐ 4 You have commanded your precepts to be kept diligently.
- ☐ 5 Oh that my ways may be steadfast in keeping your statutes!
- ☐ 6 Then I shall not be put to shame, having my eyes fixed on all your commandments.
- ☐ 7 I will praise you with an upright heart, when I learn your righteous rules.
- ☐ 8 I will keep your statutes; do not utterly forsake me!
- ☐ 9 How can a young man keep his way pure? By guarding it according to your word.
- ☐ 10 With my whole heart I seek you; let me not wander from your commandments!
- ☐ 11 I have stored up your word in my heart, that I might not sin against you.
- ☐ 12 Blessed are you, O LORD; teach me your statutes!
- ☐ 13 With my lips I declare all the rules of your mouth.
- ☐ 14 In the way of your testimonies I delight as much as in all riches.
- ☐ 15 I will meditate on your precepts and fix my eyes on your ways.
- ☐ 16 I will delight in your statutes; I will not forget your word.
- ☐ 17 Deal bountifully with your servant, that I may live and keep your word.
- ☐ 18 Open my eyes, that I may behold wondrous things out of your law.
- ☐ 19 I am a sojourner on the earth; hide not your commandments from me!
- ☐ 20 My soul is consumed with longing for your rules at all times.
- ☐ 21 You rebuke the insolent, accursed ones, who wander from your commandments.
- ☐ 22 Take away from me scorn and contempt, for I have kept your testimonies.
- ☐ 23 Even though princes sit plotting against me, your servant will meditate on your statutes.
- ☐ 24 Your testimonies are my delight; they are my counselors.
- ☐ 25 My soul clings to the dust; give me life according to your word!
- ☐ 26 When I told of my ways, you answered me; teach me your statutes!
- ☐ 27 Make me understand the way of your precepts, and I will meditate on your wondrous works.
- ☐ 28 My soul melts away for sorrow; strengthen me according to your word!
- ☐ 29 Put false ways far from me and graciously teach me your law!
- ☐ 30 I have chosen the way of faithfulness; I set your rules before me.
- ☐ 31 I cling to your testimonies, O LORD; let me not be put to shame!
- ☐ 32 I will run in the way of your commandments when you enlarge my heart!
- ☐ 33 Teach me, O LORD, the way of your statutes; and I will keep it to the end.
- ☐ 34 Give me understanding, that I may keep your law and observe it with my whole heart.
- ☐ 35 Lead me in the path of your commandments, for I delight in it.
- ☐ 36 Incline my heart to your testimonies, and not to selfish gain!
- ☐ 37 Turn my eyes from looking at worthless things; and give me life in your ways.
- ☐ 38 Confirm to your servant your promise, that you may be feared.
- ☐ 39 Turn away the reproach that I dread, for your rules are good.
- ☐ 40 Behold, I long for your precepts; in your righteousness give me life!
- ☐ 41 Let your steadfast love come to me, O LORD, your salvation according to your promise;
- ☐ 42 then shall I have an answer for him who taunts me, for I trust in your word.
- ☐ 43 And take not the word of truth utterly out of my mouth, for my hope is in your rules.
- ☐ 44 I will keep your law continually, forever and ever,
- ☐ 45 and I shall walk in a wide place, for I have sought your precepts.
- ☐ 46 I will also speak of your testimonies before kings and shall not be put to shame,
- ☐ 47 for I find my delight in your commandments, which I love.
- ☐ 48 I will lift up my hands toward your commandments, which I love, and I will meditate on your statutes.

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- ☐ **49** Remember your word to your servant, in which you have made me hope.
- ☐ **50** This is my comfort in my affliction, that your promise gives me life.
- ☐ **51** The insolent utterly deride me, but I do not turn away from your law.
- ☐ **52** When I think of your rules from of old, I take comfort, O LORD.
- ☐ **53** Hot indignation seizes me because of the wicked, who forsake your law.
- ☐ **54** Your statutes have been my songs in the house of my sojourning.
- ☐ **55** I remember your name in the night, O LORD, and keep your law.
- ☐ **56** This blessing has fallen to me, that I have kept your precepts.
- ☐ **57** The LORD is my portion; I promise to keep your words.
- ☐ **58** I entreat your favor with all my heart; be gracious to me according to your promise.
- ☐ **59** When I think on my ways, I turn my feet to your testimonies;
- ☐ **60** I hasten and do not delay to keep your commandments.
- ☐ **61** Though the cords of the wicked ensnare me, I do not forget your law.
- ☐ **62** At midnight I rise to praise you, because of your righteous rules.
- ☐ **63** I am a companion of all who fear you, of those who keep your precepts.
- ☐ **64** The earth, O LORD, is full of your steadfast love; teach me your statutes!
- ☐ **65** You have dealt well with your servant, O LORD, according to your word.
- ☐ **66** Teach me good judgment and knowledge, for I believe in your commandments.
- ☐ **67** Before I was afflicted I went astray, but now I keep your word.
- ☐ **68** You are good and do good; teach me your statutes.
- ☐ **69** The insolent smear me with lies, but with my whole heart I keep your precepts;
- ☐ **70** their heart is unfeeling like fat, but I delight in your law.
- ☐ **71** It is good for me that I was afflicted, that I might learn your statutes.
- ☐ **72** The law of your mouth is better to me than thousands of gold and silver pieces.
- ☐ **73** Your hands have made and fashioned me; give me understanding that I may learn your commandments.
- ☐ **74** Those who fear you shall see me and rejoice, because I have hoped in your word.
- ☐ **75** I know, O LORD, that your rules are righteous, and that in faithfulness you have afflicted me.
- ☐ **76** Let your steadfast love comfort me according to your promise to your servant.
- ☐ **77** Let your mercy come to me, that I may live; for your law is my delight.
- ☐ **78** Let the insolent be put to shame, because they have wronged me with falsehood; as for me, I will meditate on your precepts.
- ☐ **79** Let those who fear you turn to me, that they may know your testimonies.
- ☐ **80** May my heart be blameless in your statutes, that I may not be put to shame!
- ☐ **81** My soul longs for your salvation; I hope in your word.
- ☐ **82** My eyes long for your promise; I ask, "When will you comfort me?"
- ☐ **83** For I have become like a wineskin in the smoke, yet I have not forgotten your statutes.
- ☐ **84** How long must your servant endure? When will you judge those who persecute me?
- ☐ **85** The insolent have dug pitfalls for me; they do not live according to your law.
- ☐ **86** All your commandments are sure; they persecute me with falsehood; help me!
- ☐ **87** They have almost made an end of me on earth, but I have not forsaken your precepts.
- ☐ **88** In your steadfast love give me life, that I may keep the testimonies of your mouth.
- ☐ **89** Forever, O LORD, your word is firmly fixed in the heavens.
- ☐ **90** Your faithfulness endures to all generations; you have established the earth, and it stands fast.
- ☐ **91** By your appointment they stand this day, for all things are your servants.
- ☐ **92** If your law had not been my delight, I would have perished in my affliction.

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- ☐ **93** I will never forget your precepts, for by them you have given me life.
- ☐ **94** I am yours; save me, for I have sought your precepts.
- ☐ **95** The wicked lie in wait to destroy me, but I consider your testimonies.
- ☐ **96** I have seen a limit to all perfection, but your commandment is exceedingly broad.
- ☐ **97** Oh how I love your law! It is my meditation all the day.
- ☐ **98** Your commandment makes me wiser than my enemies, for it is ever with me.
- ☐ **99** I have more understanding than all my teachers, for your testimonies are my meditation.
- ☐ **100** I understand more than the aged, for I keep your precepts.
- ☐ **101** I hold back my feet from every evil way, in order to keep your word.
- ☐ **102** I do not turn aside from your rules, for you have taught me.
- ☐ **103** How sweet are your words to my taste, sweeter than honey to my mouth!
- ☐ **104** Through your precepts I get understanding; therefore I hate every false way.
- ☐ **105** Your word is a lamp to my feet and a light to my path.
- ☐ **106** I have sworn an oath and confirmed it, to keep your righteous rules.
- ☐ **107** I am severely afflicted; give me life, O LORD, according to your word!
- ☐ **108** Accept my freewill offerings of praise, O LORD, and teach me your rules.
- ☐ **109** I hold my life in my hand continually, but I do not forget your law.
- ☐ **110** The wicked have laid a snare for me, but I do not stray from your precepts.
- ☐ **111** Your testimonies are my heritage forever, for they are the joy of my heart.
- ☐ **112** I incline my heart to perform your statutes forever, to the end.
- ☐ **113** I hate the double-minded, but I love your law.
- ☐ **114** You are my hiding place and my shield; I hope in your word.
- ☐ **115** Depart from me, you evildoers, that I may keep the commandments of my God.
- ☐ **116** Uphold me according to your promise, that I may live, and let me not be put to shame in my hope!
- ☐ **117** Hold me up, that I may be safe and have regard for your statutes continually!
- ☐ **118** You spurn all who go astray from your statutes, for their cunning is in vain.
- ☐ **119** All the wicked of the earth you discard like dross, therefore I love your testimonies.
- ☐ **120** My flesh trembles for fear of you, and I am afraid of your judgments.
- ☐ **121** I have done what is just and right; do not leave me to my oppressors.
- ☐ **122** Give your servant a pledge of good; let not the insolent oppress me.
- ☐ **123** My eyes long for your salvation and for the fulfillment of your righteous promise.
- ☐ **124** Deal with your servant according to your steadfast love, and teach me your statutes.
- ☐ **125** I am your servant; give me understanding, that I may know your testimonies!
- ☐ **126** It is time for the LORD to act, for your law has been broken.
- ☐ **127** Therefore I love your commandments above gold, above fine gold.
- ☐ **128** Therefore I consider all your precepts to be right; I hate every false way.
- ☐ **129** Your testimonies are wonderful; therefore my soul keeps them.
- ☐ **130** The unfolding of your words gives light; it imparts understanding to the simple.
- ☐ **131** I open my mouth and pant, because I long for your commandments.
- ☐ **132** Turn to me and be gracious to me, as is your way with those who love your name.
- ☐ **133** Keep steady my steps according to your promise, and let no iniquity get dominion over me.
- ☐ **134** Redeem me from man's oppression, that I may keep your precepts.
- ☐ **135** Make your face shine upon your servant, and teach me your statutes.
- ☐ **136** My eyes shed streams of tears, because people do not keep your law.
- ☐ **137** Righteous are you, O LORD, and right are your rules.
- ☐ **138** You have appointed your testimonies in righteousness and in all faithfulness.

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- ☐ **139** My zeal consumes me, because
my foes forget your words.
- ☐ **140** Your promise is well tried, and
your servant loves it.
- ☐ **141** I am small and despised, yet I do
not forget your precepts.
- ☐ **142** Your righteousness is righteous
forever, and your law is true.
- ☐ **143** Trouble and anguish have
found me out, but your
commandments are my delight.
- ☐ **144** Your testimonies are righteous
forever; give me understanding
that I may live.
- ☐ **145** With my whole heart I cry;
answer me, O LORD! I will keep
your statutes.
- ☐ **146** I call to you; save me, that I may
observe your testimonies.
- ☐ **147** I rise before dawn and cry for
help; I hope in your words.
- ☐ **148** My eyes are awake before the
watches of the night, that I may
meditate on your promise.
- ☐ **149** Hear my voice according to
your steadfast love; O LORD,
according to your justice
give me life.
- ☐ **150** They draw near who persecute
me with evil purpose; they are
far from your law.
- ☐ **151** But you are near, O LORD, and all
your commandments are true.
- ☐ **152** Long have I known from your
testimonies that you have
founded them forever.
- ☐ **153** Look on my affliction and deliver
me, for I do not forget your law.
- ☐ **154** Plead my cause and redeem
me; give me life according to
your promise!
- ☐ **155** Salvation is far from the
wicked, for they do not seek
your statutes.
- ☐ **156** Great is your mercy, O LORD; give
me life according to your rules.
- ☐ **157** Many are my persecutors and
my adversaries, but I do not
swerve from your testimonies.
- ☐ **158** I look at the faithless with
disgust, because they do not
keep your commands.
- ☐ **159** Consider how I love your
precepts! Give me life according
to your steadfast love.
- ☐ **160** The sum of your word is truth,
and every one of your righteous
rules endures forever.
- ☐ **161** Princes persecute me without
cause, but my heart stands in
awe of your words.
- ☐ **162** I rejoice at your word like one
who finds great spoil.
- ☐ **163** I hate and abhor falsehood, but I
love your law.
- ☐ **164** Seven times a day I praise you
for your righteous rules.
- ☐ **165** Great peace have those who
love your law; nothing can make
them stumble.
- ☐ **166** I hope for your salvation, O LORD,
and I do your commandments.
- ☐ **167** My soul keeps your testimonies;
I love them exceedingly.
- ☐ **168** I keep your precepts and
testimonies, for all my ways
are before you.
- ☐ **169** Let my cry come before you,
O LORD; give me understanding
according to your word!
- ☐ **170** Let my plea come before
you; deliver me according
to your word.
- ☐ **171** My lips will pour forth praise, for
you teach me your statutes.
- ☐ **172** My tongue will sing of
your word, for all your
commandments are right.
- ☐ **173** Let your hand be ready to help me,
for I have chosen your precepts.
- ☐ **174** I long for your salvation, O LORD,
and your law is my delight.
- ☐ **175** Let my soul live and praise you,
and let your rules help me.
- ☐ **176** I have gone astray like a lost
sheep; seek your servant, for I do
not forget your commandments.